

### **Important aspects of history in the HIV patient:**

- How? When? Any seroconversion illness
- Initial CD4 cell count and viral load
- Risk prone behaviours, partner infection, any deaths among previous or current partners due to AIDS
- Opportunistic infections: TB, Varicella, MAIC, Candidiasis, Hepatitis.
- Symptoms: fever, weight loss, night sweats, anorexia, dyspnea, cough, depression, neuro impairment.
- Drugs and side effects
- Psychological problems- travel, living, relationship, financial, employment, community resource.

### **Opportunistic infections in HIV:**

My personal mnemonic: "MY CHECK LIST"

**MY**- Mycobacterium avium complex.

**C**- Candidiasis

**H**- Herpes simplex, histoplasmosis, hepatitis

**E**- Encephalopathy (HIVE)

**C**- CMV, Cryptococcus.

**K**- Kaposi sarcoma

**L**-Lymphoma

**I**- Isopsoriasis

**S**- Salmonella

**T**- Toxoplasmosis, TB.