

Common symptom: Dyspnea

Think of the anatomical components of each system.

**Always** quantify the increase in dyspnea from baseline.

### 1) Heart

- Endocardium- valvular heart disease (AS,AR,MR,MS)
- Myocardium- heart failure: systolic +-diastolic
- Pericardium- tamponade, constrictive pericarditis.
- Conduction system- brady or tachyarrhythmias.
- Coronary arteries- ischaemia.

### 2) Lungs

- Alveoli- pulmonary edema, pneumonia.
- Airways-Asthma/COPD
- Blood vessels –PE, primary pulmonary HT.
- Pleural- pneumothorax, pleural effusion.
- Interstitium- edema, inflammatory, infections.

### 3) Anemia

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